

# TENTERS

GASTROPUB

Mon – Friday • 12pm – 4pm

## SOUPS

Soup of the Day 6.50  
*Our homemade soup, traditional soda bread*

Seafood Chowder 8.00  
*Creamy fish broth, traditional soda bread*

## SANDWICHES

Ham & Cheese Toastie 9.00  
*Shredded ham hock & vintage Irish cheddar*

Chicken "Tenter" Roll 9.00  
*Crispy buttermilk chicken, kimchi slaw & bacon*

Beef Brisket 10.00  
*Stout braised brisket, sauté mushrooms, crispy onions and horseradish cream*

Vegan Wrap 8.00  
*Hummus, avocado, roast peppers, falafel & pickled beetroot*

Add a side 3.00

## SALADS

Cured Salmon 13.00  
*Teelings whiskey-cured salmon, avocado & fennel*

Goats Cheese 12.00  
*Roast baby beets, toasted hazelnuts*

Bulgur Wheat & Lentil 11.00  
*Peppers, tomato & pomegranate*

## BIG PLATES

Fish`n`Chips 15.00  
*Beer-battered haddock fillet, fries, pea purée & tartar sauce*

Shepherd's Pie 13.00  
*Tender braised lamb in a rich gravy topped with creamed potato*

Sausage & Mash 13.00  
*Pork & leek sausage, creamy mash & onion gravy*

## BURGERS

Our Beef Burger 16.00  
*Prime beef patty, house relish, salad garnish & fries*

Our Vegan Burger 14.00  
*Vegetable patty, house relish, salad garnish & fries*

Add extra bacon, cheese or avocado – No Charge

## SIDES

Fries	Onion Rings	Soup
Mixed Salad	Wilted Baby Spinach	Mash

## DESSERTS

Chocolate Tart & Whiskey Ice Cream 7.50

Pear Crumble 7.50

Strawberry & Meringue Mess 7.00

Irish Ice-cream Selection 7.00

Selection of Irish Cheeses 9.00

Please make your server aware of any allergies before ordering.

We use several allergens in our kitchen. Whilst we take great care, and despite our best efforts, there is always a risk of cross contamination. A separate allergen menu is available.

Where possible, we use Irish ingredients and support local suppliers.



Lunch