

# TENTERS

GASTROPUB

Brunch • Sat — Sun & Bank Holidays • 10am — 4pm

## BREAKFAST

Fresh Orange or Apple Juice	6.00
Fresh Fruit Smoothie <i>Almond, banana &amp; passion fruit</i>	7.50
Healthy Breakfast Bowl <i>Cinnamon, quinoa &amp; toasted organic oats</i>	8.00
Tenters Full Irish <i>Sausage, bacon, mushroom, pudding, potato farl, 2 eggs &amp; toast &amp; a mug of tea or coffee</i>	13.00

## EGGS *with*

Smoked salmon, baby spinach & hollandaise sauce on toasted muffin	12.50
Chorizo, spiced potato & chunky tomato sauce	9.50
Garlic mushrooms on toasted sourdough	9.50
Crushed avocado on toast	9.50
Bacon & toast	9.50
Steak & toast	18.50

## WAFFLES *with*

Smoked salmon & cream cheese	12.00
Chocolate spread, pomegranate, yoghurt & nuts	9.50
Blueberries, yoghurt & honey	9.50
Glazed banana	9.50

## SIDES

Toast	3.00
Egg	1.50
Sausage	3.00
Bacon	3.50
Mushroom	3.00
Black/White Pudding	3.00
Fries	4.00

Please make your server aware of any allergies before ordering.

We use several allergens in our kitchen. Whilst we take great care, and despite our best efforts, there is always a risk of cross contamination. A separate allergen menu is available.

Where possible, we use Irish ingredients and support local suppliers.

